



Viking Mat Club

Wrestling League

**For Beginner and Intermediate Wrestlers
Boys and Girls Ages 7-14**

**Instruction by Experienced Coaches
Sponsored by the National Capital Optimist Club
A Montgomery County Intramural League
Saturday Afternoon Tournament Matches Start in January
Wrestling Season Runs November-February**

The Viking Mat Club will help your child gain confidence, self-esteem, and focus while having fun with wrestling.

—Kerry McCoy, Head Wrestling Coach, University of Maryland,
2x US Olympian, 4x World Cup Champion, 5x US National Champion

Select From Three Viking Mat Club Teams

Brown Team

Practices: Mon. & Wed.
6:30-8:00pm
Nov. 16, 2009-Feb. 21, 2010
Whitman High School
7100 Whittier Boulevard
Bethesda

Blue Team

Practices: Tues. & Thurs.
6:00-7:30pm
Nov. 17, 2009-Feb. 21, 2010
Whitman High School
7100 Whittier Boulevard
Bethesda

Travel Team (Advanced)

Practices: Mon., Wed. & Thurs.
6:30-8:00pm
Nov. 9, 2009-March 10, 2010
Landon School
6101 Wilson Boulevard
Bethesda

Register Today

Pre-registration by mail is encouraged (see address on reverse side)
Walk-in registration: Wednesday, November 4 at Whitman High School from 7:00pm-8:00pm

Questions?

Contact Karen Finucan Clarkson at 301-493-2528 or kfclarkson@gmail.com

www.vikingmatclub.com

Montgomery Youth Wrestling League is a nonprofit organization.
These materials are neither endorsed by the Board of Education of Montgomery County, the Superintendent, or this school.

Viking Mat Club Registration Form

For VMC Use only:

Registration Fee: Check No.

Cash

Weight Class

Participant's Name: _____

Gender: M F Date of Birth: _____ Age: _____ Weight: _____ Height: _____ T-Shirt Size: Youth S M L XL Adult S M L XL

Parents/Guardians Names: _____

Address: _____ City: _____ Zip: _____

School: _____ Grade _____

Home Phone: _____ Mother's Work Phone: _____ Father's Work Phone: _____

Mother's Cell: _____ Father's Cell: _____

Emergency Contact's Name: _____ Phone: _____

ALL NOTICES WILL BE SENT BY E-MAIL e-mail address: _____

General Health Information: (Medical conditions, Medications, allergies) _____

Consent and Release

I give my permission for my child to participate in the Viking Mat Club and USA Wrestling program. I understand that wrestling is a strenuous sport. In consideration for the acceptance of this registration, I release the Viking Mat Club, Montgomery Youth Wrestling League, coaches, referees, and volunteers from any liability of claims for injury or loss arising out of my child's participation. I consent to any emergency treatment administered to my child on my behalf.

I acknowledge that a deposit for uniforms and other club gear will be required. I guarantee the return of all uniforms and equipment issued to my child by the Viking Mat Club. If I fail to return the uniforms/equipment within 30 days after completion of the season, I agree to forfeit my deposit.

I understand that I am responsible for the transportation of my child to and from practices and competitions. I agree to have my child picked up promptly after all practices.

I realize that the Viking Mat Club is an all-volunteer organization that relies on the generosity of parents. I agree to volunteer at a meet at least once during the tournament season (January-February).

Parent/Guardian Signature: _____ Date: _____

Registration and Fees

Registration is \$175 per wrestler (\$125 for each additional wrestler from the same family). Additional fees will apply to the travel team. Registration includes membership in USA Wrestling. No one will be permitted to practice without having paid the fee and joined USA Wrestling. A refundable uniform deposit of \$60 also is required. Please write separate checks for the registration and deposit. Checks should be made payable to Viking Mat Club. The registration fee must be received, along with this form, before the wrestler is considered registered. Send registration and checks, made payable to **Viking Mat Club, to Karen Finucan Clarkson, 9225 Villa Drive, Bethesda, MD 20817** or bring form and checks to **walk-in registration from 7:00pm-8:00pm on Wed., Nov. 4 at Whitman High School.**

Team Selection

Please indicate your 1st and 2nd choice teams. Every effort will be made to accommodate you, however to keep the teams competitively balanced, so that everyone has a chance to wrestle, we may not be able to give you your first choice. After several practices, the coaches may request a reassignment between the teams for competition purposes. We are one Club with three teams. You can practice with one team, and wrestle with another. Participants should come ready to wrestle wearing a t-shirt, gym shorts (no belt loops or zippers), and wrestling or gym shoes to the first practice.

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